

Welcome to the start of 2009/2010 school year. I hope everyone enjoyed a relaxing summer.~ It is great to be back!~ I plan to begin vision and hearing screening in the Fall. Vision screening is done on all students, K-5 and hearing on students K-3. If your child wears glasses please have them available for testing. You will receive a letter only if your child needs follow-up testing.

All students NEW to LINCOLN are required to provide a copy of the physical exam within the past 12 months.

For your planning needs, it is now required that all 5th grade students provide to my office documentation of a physical examination dated between June 1, 2009-June 1, 2010, before they move onto Middle School.

Medical Memorandum

It is recommended that medication be arranged so that medications are administered before and/or after the school day whenever possible.~ When it is necessary for medications to be administered during school hours, the following procedures must be followed to protect the health and safety of your child:

- 1.~ A written, signed and dated request by the physician and the parent/guardian is needed to authorize the dispensing of prescription medication in school. Written authorization from the parent/guardian is required for over the counter medications.
- 2.~ Prescription medications must be dispensed only from the original container with a pharmacy label that includes the name of the student, the name of the drug, dosage, time and duration of the medication.
- 3.~ An authorized adult should deliver the medication to the school nurse.~ No student should carry medications on the school bus or in the school building.~ If the parent/guardian prefers, they may come to school to administer the medication.

We wish to remind parents that unless the above measures are met, the school staff cannot be responsible for the administration of medications to students.~ Please discuss this procedure with your physician and pharmacist when your child has medicine in school.~ Cooperation between parents and school staff is essential to protect our students.

If your child becomes ill with Strep throat or any other communicable disease during the school year, it is imperative that I be notified.~ For the health and safety of the students and staff, a child must be on medication for Strep for 24 hours before returning to school.

Pediculosis is very common in school age children. It is important that you check your children's head throughout the year and notify me if they need to be treated. Watch for 'itchy heads' as well and if you have doubts or questions, I am available for consultation and may be reached at school. A helpful website is: www.headliceinfo.com.

There are many students at Lincoln who have a life threatening allergy to certain food or food groups, therefore classroom celebrations need to be planned in such a way to keep all students safe and healthy. To make parameters that are safe for ALL students the parent and room parents should check with the classroom teacher before any edible treats are brought in.

In light of the impending flu season, we are encouraging students to use frequent handwashing and proper cough/sneeze etiquette. Please reinforce these practices at home. It is imperative to keep your child at home if they are ill.

I am in the Health Room from 8:30-3:00 p.m. Please do not hesitate to call me at any time. Thank you for your cooperation and consideration.

Lynn Vozzella R.N.
Lincoln School Nurse